

EMMAUS AQUATIC CLUB
Itinerary
2012 PITTSBURGH CHRISTMAS MEET INVITATIONAL

Team Hotel – Holiday Inn Select University Center 100 Lytton Ave Pittsburgh, PA
412-682-6200

Pool: University of Pittsburgh Trees Pool – Aliquippa and Darragh Streets

Coaches Contact Info:

Jon Larson (cell) – (814) 404-6688

Matt Goldsmith – (610) 709-4268

12/unders are with parents

24 total swimmers (3 12 & unders)

2 coaches

- **Van 1 (Jon) – 8:45 AM departure** – N. Schaeffer, M Weigner, T Iobst, C. Young, C Wimmer, A. Bond, J Woltornist, M. Kline. (9 passengers)
- **Van 2 (J. Kline, M. Goldsmith) 3:30 PM departure** – T. Bingham, R. Bishop, E. Carr, T. Fang, C. Frank, J. Frank, K. Hur, S. Mull, C. Paules, T. Schlechter, (12 passengers)
- **Traveling Separately** – M. Primelo, M, Brennan, K. Champagne, J. Anderson, P. McKenna, A. King (6)

Thursday, December 15

8:30-8:45 am- Meet at EMAC parking lot to pack van

8:45 am - Van 1 departs EMAC parking lot
Will stop en route for lunch

3:00 pm- Approx arrival for Van 1 at Hotel (check-in)

2:30-3:00 pm - Van 2 swimmers can warm up at high school

3:20 pm – Van 2 departs back parking lot of EHS
stop for quick dinner along the way

4:30 pm - Van 1 swimmers leave for pool

5:30pm - Check in for 1000 Free closes

5:30 pm - Meet starts

7:45 pm - Approx end of 1000 Free – Dinner

9:00pm – approx arrival at hotel for Van 2

Friday and Saturday, Sunday December 16-17-18

6:30am – wake up/breakfast

7:00am – vans leave for pool

7:20am – warm up

8:30am – prelims begin
(swimmers get lunch after session)

1:00pm – 12/under session warm up (will not be before 1pm)

2:00pm – 12/under session begins no earlier than 2:00pm

4:45pm – vans leave for finals (all swimmers are expected to be at finals Fri and Sat)

6:00pm – finals begin (**please note finals schedule is one hour earlier on Sunday**)

Sunday Note*

* a van will leave in the afternoon after prelims on Sunday, the second van will leave after our last swimmer is done Sunday night. Take note of earlier start times above for Sunday.

IMPORTANT NOTES FOR PITTSBURGH MEET

- Space is not unlimited in the vans. Swimmers should pack lightly and not bring big bulky bags.
- Swimmers and Parents that are going on the trip should print out the meet information which is posted on the EMAC web site under the name of the meet in EVENTS. Swimmers should be familiar with what events they have, on what days and make sure they are aware of positive check-in deadlines (1000 and 1650 Free only).
- Flexibility will be key on this trip. With 24 athletes there undoubtedly will be some unexpected situations. With 2 coaches and quite a few parents I am sure we can all chip in and make this a successful and enjoyable trip, but expect the unexpected!
- Swimmers (even those not qualifying for finals) are expected to go to the pool each session and be prepared to warm up and support teammates that are swimming.
- Swimmers who plan to spend time, or going to eat with parents may do so as long as coaches are notified.
- I suggest packing food items for breakfast, or give the swimmers enough money to buy breakfast at the hotel. There is no free breakfast at the hotel. If you need more time in the morning (13/overs) to eat etc.. wake up earlier.
- It is important swimmers on in the lobby ready for the vans at the scheduled time and also stay together as a group when leaving the pool.
- Swimmers should bring as much EMAC (not HS) apparel as possible and wear that during the weekend.
- Relays are swum in the prelims, with the exception of the top 8 seeded senior relays have the option to swim in finals or prelims.



ROOMING LIST
CHECK-IN – DECEMBER 18
CHECK OUT – DECEMBER 21

Coaches/ Hotel Room #

Jon Larson
Matt Goldsmith

Group 1/ Hotel Room #

Sammy Mull
Casey Young
Kaitlin Hur

Group 2/ Hotel Room #

Maura Brennan
Tori Bingham
Taylor Iobst

Group 3/ Hotel Room #

John Woltornist
Thomas Fang
Marc Primelo

Group 4/ Hotel Room #

Cody Wimmer
Tom Schlechter
Jordan Frank

Group 5/ Hotel Room #

Robert Bishop
Andrew Bond

Group 6/ Hotel Room #

Ethan Carr
Carter Paules
Matt Kline

Group 7/ Hotel Room #

Natalie Scheaffer
Morgan Weigner
Claire Frank