



**THE POOL WILL BE OPEN FOR  
SUMMER FROM  
APPROXIMATELY  
MAY 15 TO SEPTEMBER 30**

### **Summer Swim Membership**

*\$300 Family \$175 Single*

*\$150 Sr. Citizen (60+)*

*\$250 Sr. Citizen Couple (both 60+)*

- Use of club at any open swim time
- Heated water
- Reduced rate for swimming or diving lessons during summer months for family membership holders
- Summer swim and diving team (additional fee)
- Early morning Masters workouts
- Lap swimming always available
- Guest Passes: 5-Family; 3-Single/Senior

*Other EMAC Programs include:  
Swim School, Aquatic Exercise Classes,  
Classroom Water Safety Presentations, Diving Lessons and Team, Skill Sessions with EMAC Coaches, Age Group and Senior Competitive Programs. Call us today at 610-965-5800.*

### **Masters Membership**

*\$145 Single*

- Use of the pool according to scheduled practices
- No reduced rate on lessons or other programming
- May not swim during open swim times
- Opportunities to compete in Masters meets

*Call for complete details  
610-965-5800 or visit our  
website at  
[www.emacswim.org](http://www.emacswim.org)*

### **Aqua Aerobics Membership**

*\$145 Single*

- Use of the pool according to scheduled practices
- No reduced rate on lessons or other programming
- May not swim during open swim times



### **EMAC Swim School**

EMAC is excited to continue with SwimAmerica™, the nation's leading learn-to-swim program. We offer year round lessons for all levels of swimming—small group, semi-private, private, pre-swim and parent/child classes for children as young as 6 months all the way to adult learners!

Our program is designed for everybody, both “competitive” and “recreational” swimmers alike. We want to introduce your child to a lifetime of water enjoyment. Call, or e-mail us at [emacswim-school@rcn.com](mailto:emacswim-school@rcn.com) for SwimAmerica™ registration information.

### **Competitive Swimming**

EMAC's Competitive Program is designed for children of all ages and abilities from 5 years of age and up. Short course training is offered at Emmaus High School while summer long course training is offered at the EMAC facility and a local 50 meter pool. EMAC's competitive swimmers compete on the local, state and national levels.

## Welcome to the **EMMAUS AQUATIC CLUB**

EMAC is a non-profit club that offers all levels of swimming instruction and training. Many of the Lehigh Valley's present and past high school and college swimmers are products of the EMAC program. Swimming encourages:

- LIFE LONG FITNESS
- AN UNDERSTANDING OF A HEALTHY MIND AS WELL AS A HEALTHY BODY
- SELF CONFIDENCE
- GOAL-SETTING SKILLS
- HIGH SELF-ESTEEM
- PLUS...

***Swimming is a healthy, non-weight bearing sport that provides advanced cardiovascular fitness.***

The pool is conveniently located in Lower Macungie Township, just minutes from Allentown, Emmaus, Macungie and surrounding communities.

In the summer, the 25 meter pool is an outdoor facility surrounded by beautiful countryside. The pool ranges in depth from 4 ft. to 10 ft.

**DIRECTIONS:** Take Cedar Crest Blvd. south to Lower Macungie Road. Turn right and follow Lower Macungie Road west to Millrace Road. Turn left onto Millrace. The pool is just ahead on the right.

Emmaus Aquatic Club  
PO Box 3304  
Allentown, PA 18106-0304



## **Swim Memberships**

**Office 610-965-5800**

**Fax 610-965-7704**

**E-mail: [emacswim@rcn.com](mailto:emacswim@rcn.com)**

**[www.emacswim.org](http://www.emacswim.org)**

**CALL 610-965-5800**